advanced peel protocols
Indications for advanced peeling

Only attempt the advanced peels once the client has completed a course of milder peels first; the skin will flake considerably by the 4th day after a peel.

There are three advanced options available:

• Double Six Cool Peel
• Double Cream (ACM #2) Peel
• Double Cream (LACM #2) Peel

Indications for the advanced peels: thick, oily, course skins and severe sun damage are ideal.

Ensure clients are using at least moderate to high levels of Vitamin A daily.
Environ Treatment Skin Preparation

Skin preparation steps for all Environ treatments

**method**

1. apply pre-cleanser, massage for 1 min
2. apply clay masque, over pre-cleanser, massage for 5 mins, then remove with compress
3. remove eye make-up with eye make-up remover
4. cleanse with cleansing gel or cleansing milk, then remove with compress
5. secondary exfoliation (optional), then remove with compress
6. tone with alpha toner mild/forte, blot the skin
7. cosmetic rolling (optional)
8. continue with preferred facial option

**products**

- pre-cleanser
- clay masque
- eye make-up remover
- cleansing gel or cleansing milk
- lac-pamgel 10% / alpha cream / alpha gel
- alpha toner mild or alpha toner forte
- cosmetic roller (client’s own)
Environ Double Six Cool Peel

method

8. Protect the lips if fever blisters are a regular occurrence
9. Apply pamgel 2.5% evenly, on areas to be treated. Cross stroke using the peel brush to ensure an even application. Apply six layers and let each layer dry before applying the next layer.
10. Cool with pamgel 1% if needed; wait for the peel to dry completely
11. Neutralize if any frosting is noticed; blot excess product with a cool damp compress
12. Remove with a cool damp compress
13. Apply treatment gel and massage gently until absorbed
14. Mix and apply alginate masque. Leave to set for 10 minutes, remove the masque iontophoresis (-) optional for 15 minutes
15. Discuss after care advice while the masque is setting
16. Apply moisturiser and the recommended sunscreen

Repeat peeling the next day or one week later. The repetition results in a more intense effect without being destructive or painful and gives excellent results

products

• skin preparation products
• pamgel 2.5% / pamgel 1%
• treatment gel
• alginate masque
• moisturiser
• Environ SPF 25
Environ Double Cream (ACM #2) Peel

method

start with skin preparation: steps 1-7

8. Protect the lips if fever blisters are a regular occurrence
9. Roll the area to be treated with the cosmetic roll-CIT for 5 minutes
10. Apply ACM #2 evenly, at the selected thickness on areas to be treated; cross stroke using the peel brush to ensure an even application
11. Cover with cling wrap and leave the product on for up to 20 minutes, depending on the skin condition being treated
12. Remove with a cool damp compress
13. Apply treatment gel and massage gently until absorbed
14. Mix and apply alginate masque. Leave to set for 10 minutes, remove the masque

...iontophoresis (-) optional for 15 minutes...
15. Discuss after care advice while the masque is setting
16. Apply moisturiser and the recommended sunscreen

Repeat peeling the next day or one week later. The repetition results in a more intense effect without being destructive or painful and gives excellent results

products

• skin preparation products
• Cosmetic roll-CIT (client’s own)
• ACM#2
• treatment gel
• alginate masque
• moisturiser
• Environ SPF 25
Environ Double Cream (LACM #2) Peel

method

start with skin preparation: steps 1-7

8. Protect the lips if fever blisters are a regular occurrence
9. Roll the area to be treated with the cosmetic roll-CIT for 5 minutes
10. Apply LACM #2 evenly, at the selected thickness on areas to be treated; cross stroke using the peel brush to ensure an even application
11. Cover with cling wrap and leave the product on for up to 20 minutes, depending on the skin condition being treated
12. Apply neutralising cleanser and massage gently for 5 minutes; remove excess product with a cool damp compress
13. Apply treatment gel and massage gently until absorbed
14. Mix and apply alginate masque. Leave to set for 10 minutes, remove the masque
   \textit{iontophoresis} (-) optional for 15 minutes
15. Discuss after care advice while the masque is setting
16. Apply moisturiser and the recommended sunscreen

Repeat peeling the next day or one week later. The repetition results in a more intense effect without being destructive or painful and gives excellent results

products

- skin preparation products
- Cosmetic roll-CIT (client’s own)
- LACM#2
- neutralising cleanser
- treatment gel
- alginate masque
- moisturiser
- Environ SPF 25