advanced treatment protocols
Environ Facial Treatment Options

**manual therapies**
- Consultation
- Environ hands-on vitamin therapy
- Environ deep cleansing vitamin therapy
- Environ hand or foot treatment

**Ionzyme® DF machine therapies**
- Environ ultimate vitamin therapy
- Environ enhancing vitamin therapy
- Environ precision vitamin therapy
- Environ purfying vitamin therapy
### Environ Professional Formulations Table

<table>
<thead>
<tr>
<th>Intensity Level</th>
<th>sono</th>
<th>Ionto</th>
<th>Recommended for</th>
<th>Product Assists With</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>✓</td>
<td></td>
<td>all skin types</td>
<td>Replenishing the effects of skin's moisture barrier</td>
</tr>
<tr>
<td>1</td>
<td>✓</td>
<td>n/a</td>
<td>all skin types</td>
<td>soothing, repairing, strengthening the appearance of skin</td>
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<tr>
<td>1</td>
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<td>( + )</td>
<td>ageing skin</td>
<td>smoothing appearance of ageing skin</td>
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<tr>
<td>2</td>
<td>✓</td>
<td></td>
<td>sun damaged skin</td>
<td>reduces signs of aging</td>
</tr>
<tr>
<td>2</td>
<td>✓</td>
<td>( - )</td>
<td>dry, uneven skin toned skin</td>
<td>helping skin look visibly radiant</td>
</tr>
<tr>
<td>2</td>
<td>✓</td>
<td>( + )</td>
<td>blemish prone skin</td>
<td>sloughing off surface dead skin</td>
</tr>
<tr>
<td>3</td>
<td>✓</td>
<td></td>
<td>sun damaged skin</td>
<td>reducing signs of aging</td>
</tr>
<tr>
<td>3</td>
<td>✓</td>
<td></td>
<td>uneven skin texture &amp; tone</td>
<td>energizing &amp; brightening the look of skin</td>
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<tr>
<td>4</td>
<td>✓</td>
<td></td>
<td>sun damaged skin</td>
<td>reducing signs of aging</td>
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<tr>
<td>5</td>
<td>✓</td>
<td></td>
<td>resistant skin conditions</td>
<td>Revitalizing the look of skin</td>
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</tbody>
</table>
method

1. client completes record card
2. apply pre-cleanser
3. follow with clay masque over pre-cleanser
4. massage for 5 min, then remove with compress
5. remove eye make-up with eye make-up remover
6. cleanse with cleansing gel or cleansing milk, then remove with compress
7. tone with alpha toner mild
8. do skin analysis
9. apply moisturiser & sun care product
10. discuss treatment plan

products

- client record card
- pre-cleanser
- clay masque
- eye make-up remover
- cleansing gel or cleansing milk
- alpha toner mild
- moisturiser
- Environ SPF 25
- recommendation sheet
Environ Treatment Skin Preparation

Skin preparation steps for all Environ treatments

**method**

1. apply pre-cleanser, massage for 1 min
2. apply clay masque, over pre-cleanser, massage for 5 mins, then remove with compress
3. remove eye make-up with eye make-up remover
4. cleanse with cleansing gel or cleansing milk, then remove with compress
5. secondary exfoliation (optional), then remove with compress
6. tone with alpha toner mild/forte, blot the skin
7. cosmetic rolling (optional)
8. continue with preferred facial option

**products**

- pre-cleanser
- clay masque
- eye make-up remover
- cleansing gel or cleansing milk
- alpha cream
- alpha gel
- lac-pamgel 10% / alpha cream / alpha gel
- alpha toner mild or alpha toner forte
- cosmetic roller (client’s own)
Environ Hands-On Vitamin Therapy

Indulge yourself with this luxurious hands-on treatment, the ultimate manual therapy facial offered. Let our personal touch relax, calm, soothe and restore the look of your skin to its natural best.

method

skin preparation: steps 1-7

8. apply selected serum to the face, neck & décolleté
9. add vitamin a, c & e body oil to provide slip. Do gentle facial massage for 10-15 min
10. apply alginate masque for 10 min
11. follow with touch therapy whilst masque is setting
12. remove alginate masque and massage residual serum into the skin
13. apply moisturiser and sun care product

products

• skin preparation products
• selected active serum/gel
• vitamin a, c & e body oil
• massage cream
• alginate masque
• moisturiser
• Environ SPF 25
Environ Deep Cleansing Vitamin Therapy

60 - 75 min

This purifying and cleansing treatment decongests the effects of and removes surface impurities from distressed skin. This combination of scientifically advanced products and techniques is designed to micro-exfoliate, rehydrate and refresh, leaving your skin looking and feeling radiant.

**method**

**skin preparation: steps 1-7**

8. apply alpha cream/gel or lac-pamgel 10% to the face
9. apply steam for 5 min, then remove with compress
10. do light extractions if necessary
11. tone with alpha toner mild/forte
12. apply treatment gel to face and neck and gently massage
13. apply alginate masque for 10 min
14. follow with touch therapy whilst masque is setting
15. remove alginate masque and massage residual serum into the skin
16. apply moisturiser and sun care product

**products**

- skin preparation products
- alpha cream / alpha gel / lac-pamgel 10%
- treatment gel
- alginate masque
- moisturiser
- Environ SPF 25
Environ Hand Or Foot Treatment

Optional hand or foot treatment can be incorporated while client is under the masque or at the beginning of the treatment

**method**

Hand - treat up to elbow  
Foot – treat up to under knee

Layer the following products

1. apply derma-lac lotion  
2. follow with alpha cream mild (younger or sensitive skin) or alpha gel (mature, sun damaged skin)  
3. finally follow with vitamin a, c & e body oil  
4. wrap with cling wrap or dip in paraffin wax  
5. leave for duration of facial or for a minimum of 20 min, then remove  
6. massage any excess product into the skin  
7. apply sun care product

**products**

- derma-lac lotion  
- alpha cream  
- alpha gel  
- vit a, c & e body oil  
- cling wrap  
- Environ SPF 25
This treatment is the ultimate facial offered in the Environ treatment series. In 90 minutes your skin will be treated to the best combination of modalities, to assist in the effectiveness of topically applied skin care ingredients. Your skin will be pampered to reveal the appearance of a plumper and a healthier-looking overall appearance.

**method**

**skin preparation: steps 1-7**

8. apply selected active serum to treatment area (divide the face and neck into sections)
9. do sonophoresis & iontophoresis through the probe to all areas of face & neck (3-5 min per area)
10. apply more active serum and follow with field iontophoresis using haize gauze or alginate masque (20 min)
11. follow with touch therapy while masque is setting
12. remove alginate masque or haize gauze, massage residual product into the skin
13. apply moisturiser and sun care product

**products**

- skin preparation products
- selected active serum/gel
- alginate masque / haize gauze
- conductive gel
- moisturiser
- Environ SPF 25
Environ Enhancing Vitamin Therapy

Combining two scientifically researched skin treatment modalities, areas of concern will be targeted to receive concentrated attention. Topical ingredients will be infused to help improve the overall appearance of the skin.

**Products**
- skin preparation products
- selected active serum/gel
- alginate masque / haize gauze
- conductive gel
- moisturiser
- Environ SPF 25

**Method**

**Skin Preparation: steps 1-7**

8. apply selected active serum to two areas of concern
9. do sonophoresis alone or sonophoresis combined with iontophoresis through the probe on selected areas. work for 3-5 min per area
10. apply more active serum to face and neck and follow with field iontophoresis using alginate masque or haize gauze as conductor (20 min)
11. follow with touch therapy while masque is setting
12. remove masque or haize gauze, massage residual product into the skin
13. apply moisturiser and sun care product
Environ Precision Vitamin Therapy

A targeted treatment designed to help the appearance of skin, for those in a hurry. Treatment products will be applied to selected areas and the absorption improved through the use of skin treatment modalities.

method

1. prepare focus area by only wiping the skin with toner
2. apply active serum to area of concern
3. use sonophoresis alone or sonophoresis combined with iontophoresis through the probe on the focus areas
4. keep the probe stationed for 15 seconds per section for greater effect
5. massage residual treatment serum into the skin
6. apply moisturiser and sun care product

products

- alpha toner mild
- alpha toner forte
- selected active serum/gel
- moisturiser
- Environ SPF 25
Environ Precision Vitamin Therapy

This treatment allows your skin care professional to target specific concerns present. Topical vitamins are applied and the effectiveness increased through the use of either one or more treatment modalities.

**method**

skin preparation: steps 1-7

8. divide face and neck into sections
9. apply active serum to focus area, work section by section
10. do sonophoresis alone or sonophoresis combined with iontophoresis through the probe
11. keep probe stationed for 15 seconds per section
12. massage residual product into the skin
13. alginate masque is a comfortable option to end this treatment
14. apply moisturiser and sun care product

**products**

- skin preparation products
- selected active serum/gel
- alginate masque
- moisturiser
- Environ SPF 25
Environ Purifying Vitamin Therapy

Your skin care specialist will choose treatment products based on your specific area of concern. The enhanced effectiveness will result in a skin that has a hydrated and brightened appearance.

**products**

- skin preparation products
- lac-pamgel 10% / intense C-Peel
- haize gauze
- conductive gel
- treatment gel
- alginate masque
- moisturiser
- Environ SPF 25

**method**

**skin preparation: steps 1-7**

8. apply lac-pamgel 10% (cross stroke), 1-2 layers, or intense C-Peel
9. apply haize gauze & conductive gel over gauze
10. do field iontophoresis for 15 min on positive polarity
11. remove haize gauze and massage residual product into the skin
12. apply thin layer of treatment gel
13. apply alginate masque or haize gauze
14. do field iontophoresis for 15 min on negative polarity, whilst doing touch therapy
15. remove alginate masque or haize gauze & massage residual product into the skin
16. apply moisturiser and sun care product